

FULLER LIFE FAMILY THERAPY LOCATED AT:

**4545 BISSONNET, SUITE 289
BELLAIRE, TEXAS 77401**

- Angela E. Blocker, LMFT-Associate
 Tamara Tatum, LMFT-Associate
 Supervised by Amy Fuller, PhD, LMFT-S, LPC-S

- Shani Bell, MAAT, LPC Intern
 Manet Castañeda, LPC Intern

Please complete the following 5 pages as completely as possible. Please print or write legibly.
Each person attending therapy needs to complete pages 2 & 3 and sign pages 4 & 5.

Client Information **Spouse or Guardian Information**

Client Name: First _____ Middle _____ Last _____

Address: Street/Apt #) _____ City _____ State _____ Zip _____

() _____ () _____ () _____
 Phone: Home _____ Cell _____ Work _____
 It is okay to leave a message at: Home Cell Work Email

_____/_____/_____
 Date of Birth _____ Age _____ Driver's License Number _____

Employer _____ Occupation/Job Title _____

_____/_____/_____
 Social Security Number _____ Email Address _____

 Highest level of Education _____ If currently in school, Name of School _____

Gender: Male Female Marital Status: Single Married
 Separated Divorced Widowed Other: _____

Name: First _____ Middle _____ Last _____

Address: Street _____ State _____ Zip _____

() _____ () _____ () _____
 Phone: Home _____ Cell _____ Work _____
 It is okay to leave a message at: Home Cell Work Email

_____/_____/_____
 Date of Birth _____ Age _____ Driver's License Number _____

Employer _____ Occupation/Job Title _____

_____/_____/_____
 Social Security Number _____ Email Address _____

 Highest level of Education _____ If currently in school, Name of School _____

Gender: Male Female Marital Status: Single Married
 Separated Divorced Widowed Other: _____

If client is under 18, Information on Father

If client is under 18, Information on Mother

Father's Name: First _____ Middle _____ Last _____

Address: Street _____ State _____ Zip _____

() _____ () _____ () _____
 Phone: Home _____ Cell _____ Work _____
 It is okay to leave a message at: Home Cell Work Email

_____/_____/_____
 Date of Birth _____ Age _____ Driver's License Number _____

Employer _____ Occupation/Job Title _____

_____/_____/_____
 Social Security Number _____ Email address _____

 Highest level of Education _____ If currently in school, Name of School _____

Gender: Male Female Marital Status: Single Married
 Separated Divorced Widowed Other: _____

Mother's Name: First _____ Middle _____ Last _____

Address: Street _____ State _____ Zip _____

() _____ () _____ () _____
 Phone: Home _____ Cell _____ Work _____
 It is okay to leave a message at: Home Cell Work Email

_____/_____/_____
 Date of Birth _____ Age _____ Driver's License Number _____

Employer _____ Occupation/Job Title _____

_____/_____/_____
 Social Security Number _____ Email address _____

 Highest level of Education _____ If currently in school, Name of School _____

Gender: Male Female Marital Status: Single Married
 Separated Divorced Widowed Other: _____

Please list additional family members living in the home of the client:

Name: First _____	Last _____	Date of Birth _____	Age _____	Relationship to client _____
Name: First _____	Last _____	Date of Birth _____	Age _____	Relationship to client _____
Name: First _____	Last _____	Date of Birth _____	Age _____	Relationship to client _____
Name: First _____	Last _____	Date of Birth _____	Age _____	Relationship to client _____

Each person attending therapy needs to complete pages 2 & 3 and sign pages 4 & 5. NAME: _____

What are your reasons for being here? _____

How did you hear about this professional? Friend Family Member Former Client Physician Shepherd's Guide Phonebook
 Other Professional Pastor Website: (website name: _____)
 Other: _____ Please list name or more information: _____

Medical and Emergency Information

Name of Primary Physician _____ Doctor's Phone Number _____ Date of last Visit _____
 Contact in Case of Emergency: Name _____ Address _____ Phone Numbers _____ Relationship to client _____

Please list all current medications:

Name of Medication	Dosage	Times per day (am/pm)	Prescribing Physician	Type of medication

Current Client Symptoms: Please rate all that apply from 1 to 3 (1-Low, 2-Moderate, 3-High Concern)

- | | | | |
|---------------------------------------------------|---------------------------------------------------|-----------------------------------------------|---------------------------------------------------|
| <input type="checkbox"/> Family problems | <input type="checkbox"/> Feel sad or depressed | <input type="checkbox"/> Anxiety/worry | <input type="checkbox"/> Hear strange things |
| <input type="checkbox"/> Marital/relationship | <input type="checkbox"/> Cry often | <input type="checkbox"/> Stress | <input type="checkbox"/> See strange things |
| <input type="checkbox"/> Trouble communicating | <input type="checkbox"/> Feel hopeless | <input type="checkbox"/> Extreme fear | <input type="checkbox"/> Wanting to hurt others |
| <input type="checkbox"/> Physical or sexual abuse | <input type="checkbox"/> Anger problems | <input type="checkbox"/> Panic attacks | <input type="checkbox"/> Suicidal thoughts |
| <input type="checkbox"/> Domestic violence | <input type="checkbox"/> Frustration | <input type="checkbox"/> Aggressive behaviors | <input type="checkbox"/> Others are out to get me |
| <input type="checkbox"/> Sexual problems | <input type="checkbox"/> Trouble concentrating | <input type="checkbox"/> Nightmares | <input type="checkbox"/> Thoughts of Death |
| <input type="checkbox"/> Intimacy issues | <input type="checkbox"/> Trouble sleeping | <input type="checkbox"/> Upset stomach | <input type="checkbox"/> Wanting to hurt myself |
| <input type="checkbox"/> Divorce | <input type="checkbox"/> Feel guilty | <input type="checkbox"/> Health Problems | <input type="checkbox"/> Legal problems |
| <input type="checkbox"/> Pre-marital counseling | <input type="checkbox"/> Low self-esteem | <input type="checkbox"/> Severe pain | <input type="checkbox"/> Financial problems |
| <input type="checkbox"/> Grieving | <input type="checkbox"/> Loss of appetite | <input type="checkbox"/> Headaches | <input type="checkbox"/> Smoke cigarettes |
| <input type="checkbox"/> Lack of sex drive | <input type="checkbox"/> Dramatic weight changes | <input type="checkbox"/> Sweating | <input type="checkbox"/> Alcohol use |
| <input type="checkbox"/> Spiritual Issues | <input type="checkbox"/> Feel tired or low energy | <input type="checkbox"/> Trouble breathing | <input type="checkbox"/> Drug use |
| <input type="checkbox"/> Can't make friends | <input type="checkbox"/> Lack of motivation | <input type="checkbox"/> Quick mood changes | <input type="checkbox"/> Restless/Can't sit still |
| <input type="checkbox"/> Feel Lonely | <input type="checkbox"/> Problems at work | <input type="checkbox"/> Can't stop thinking | <input type="checkbox"/> Impulsive |
| <input type="checkbox"/> Withdrawn from others | <input type="checkbox"/> Problems at school | <input type="checkbox"/> Eating Disorder | <input type="checkbox"/> Other: _____ |

Please explain: _____

Spirituality (optional)

Spirituality/Religious Affiliation _____ Please describe your involvement: Active Somewhat Active Inactive
 If Active or Inactive, How long? _____
 What are your spiritual and/or religious beliefs? _____

Would you like this to be a part of your therapy? Yes No Unsure

Each person attending therapy needs to complete pages 2 & 3 and sign pages 4 & 5. NAME: _____

Client History (Circle YES or NO. If YES, please Explain)			
Any previous counseling? If so, with whom? When and for how long?	NO	YES	
Any major illnesses or serious medical problems?	NO	YES	
Any Previous hospitalizations?	NO	YES	
Does client have addictions? (Drug, alcohol, pornography, gambling, computer, etc).	NO	YES	
Does client smoke? If so, how much per day?	NO	YES	
Does client drink alcoholic beverages? If so, how much per day?	NO	YES	
Has client had recent changes in weight or eating habits? Any history of eating disorders? (anorexia, bulimia, overeating, emotional eating)	NO	YES	
Has client been in trouble with the law?	NO	YES	
Has client had a history of employment changes or difficulty at work?	NO	YES	
Has client had trouble with school? (truant, etc.)	NO	YES	
Has client exhibited physical aggression or threats of harm toward others?	NO	YES	
Has client exhibited cruelty to animals?	NO	YES	
Has client shown destructive tendencies toward property? (setting fires, vandalism or destruction of property)	NO	YES	
Does client have military history? (If yes, list military history and discharge type. Any field duty conducive to trauma or post traumatic stress?)	NO	YES	
List all major traumas. (loss of child or loved one, robbery, feared death experiences)	NO	YES	
Does client have a history of sexual, physical or emotional abuse?	NO	YES	
Has client exhibited inappropriate sexual behaviors?	NO	YES	
Did client experience any known developmental problems in infancy, childhood, or adolescence? (hearing, speech, walking, surgery, premature birth, learning disabilities, etc.)	NO	YES	
Has client had any legal issues , past and or present?	NO	YES	
Any other situation, experience or concerns which therapist should be aware?	NO	YES	

Communication Preferences Form



PLEASE INDICATE YOUR COMMUNICATION PREFERENCES BELOW:

Name of Client	Name of Spouse/Guardian/Parent
Primary Email	Primary Email (Spouse/Guardian)
Primary Phone	Primary Phone (Spouse/Guardian)

It may become useful during the course of treatment to communicate by email, text message, or other electronic methods of communication. Be informed that these methods, in their typical form, are NOT confidential means of communication. If you use these methods to communicate with your therapist there is a reasonable chance that a third party may be able to intercept and eavesdrop on those messages. For this reason, Fuller Life Therapists use only HIPAA Compliant Secure forms of communication **UNLESS** you indicate a desire to communicate in non-secure means. We offer encrypted email and a secure texting platform to ensure HIPAA-Compliance and the highest standard of electronic confidentiality. (See *Info for New Clients & Communication Policies*)

<u>Client</u> <input type="radio"/>	<u>Spouse Guardian</u> <input type="radio"/>	EMAIL: (PLEASE CHECK ONLY ONE BOX) I consent to communicate with my therapist through unsecured / unencrypted email. I prefer all communication with my therapist via encrypted secure email (with Microsoft 365) I consent to communication via unencrypted/unsecured email, but I prefer financial or clinical information come through encrypted email.
<u>Client</u> <input type="radio"/>	<u>Spouse Guardian</u> <input type="radio"/>	TEXT MESSAGES: Fuller Life Therapists use 8X8, HIPAA-Complaint service, for secure text message. All text messages are to be related ONLY to scheduling. I consent to receive/send scheduling related text messages at the above number. I prefer not to send or receive scheduling related text messages with my therapist.
<u>Client</u> <input type="radio"/>	<u>Spouse Guardian</u> <input type="radio"/>	RESOURCES (OPTIONAL): Dr. Fuller and Fuller Life Family Therapy share resources and articles related to mental, relational, emotional and spiritual well-being on a monthly newsletter. Yes, I would like to receive email from Fuller Life Family Therapy. Not at this time.

EMAIL APPOINTMENT REMINDERS: Appointment Reminders are a courtesy offered by email approximately 36 hours prior to the appointment. **Only one email address can receive the reminders. Select only one please:**

- Please send email reminders to the above **client** email address above.
- Please send email reminders to the **spouse/guardian** email address above.
- I/we do not wish to receive email reminders.

*(NOTE: These are NOT encrypted emails and will come from donotreply@psyquel.com).

SOCIAL MEDIA:

Our group at Fuller Life Family Therapy is active on various social media platforms providing professional resources for mental and relational health. You are welcome to follow us on our professional blog, Twitter, Facebook, Connect on Linked In or Scoop It. If you choose to do so please know this may compromise your confidentiality at your own choice. Please do not send any direct communication through these professional social media accounts since they are not confidential. Furthermore, in order to ensure your confidentiality, please know that Fuller Life Staff will not directly request to connect with you on these platforms. (See *Information for new clients Social Media Policies for more info.*)

I have been informed of the risks, including but not limited to my confidentiality in treatment, of transmitting my protected health information by unsecured means. I understand that I am not required to sign this agreement in order to receive treatment. I also understand that I may terminate this consent at any time. **I understand I can find out more about Fuller Life Communication Policies and Social Media Policies in the Information for New Clients Document and I will comply with the guidelines provided in these policies.**

Signature of client	Date	Signature of Spouse/Guardian	Date
Signature of Therapist:		Date:	

Each person attending therapy needs to complete pages 2 & 3 and sign pages 4 & 5. NAME: _____

What are your reasons for being here? _____

How did you hear about this professional? Friend Family Member Former Client Physician Shepherd's Guide Phonebook
 Other Professional Pastor Website: (website name: _____)
 Other: _____ Please list name or more information: _____

Medical and Emergency Information

Name of Primary Physician _____ Doctor's Phone Number _____ Date of last Visit _____
 Contact in Case of Emergency: Name _____ Address _____ Phone Numbers _____ Relationship to client _____

Please list all current medications:

Name of Medication	Dosage	Times per day (am/pm)	Prescribing Physician	Type of medication

Current Client Symptoms: Please rate all that apply from 1 to 3 (1-Low, 2-Moderate, 3-High Concern)

<input type="checkbox"/> Family problems	<input type="checkbox"/> Feel sad or depressed	<input type="checkbox"/> Anxiety/worry	<input type="checkbox"/> Hear strange things
<input type="checkbox"/> Marital/relationship	<input type="checkbox"/> Cry often	<input type="checkbox"/> Stress	<input type="checkbox"/> See strange things
<input type="checkbox"/> Trouble communicating	<input type="checkbox"/> Feel hopeless	<input type="checkbox"/> Extreme fear	<input type="checkbox"/> Wanting to hurt others
<input type="checkbox"/> Physical or sexual abuse	<input type="checkbox"/> Anger problems	<input type="checkbox"/> Panic attacks	<input type="checkbox"/> Suicidal thoughts
<input type="checkbox"/> Domestic violence	<input type="checkbox"/> Frustration	<input type="checkbox"/> Aggressive behaviors	<input type="checkbox"/> Others are out to get me
<input type="checkbox"/> Sexual problems	<input type="checkbox"/> Trouble concentrating	<input type="checkbox"/> Nightmares	<input type="checkbox"/> Thoughts of Death
<input type="checkbox"/> Intimacy issues	<input type="checkbox"/> Trouble sleeping	<input type="checkbox"/> Upset stomach	<input type="checkbox"/> Wanting to hurt myself
<input type="checkbox"/> Divorce	<input type="checkbox"/> Feel guilty	<input type="checkbox"/> Health Problems	<input type="checkbox"/> Legal problems
<input type="checkbox"/> Pre-marital counseling	<input type="checkbox"/> Low self-esteem	<input type="checkbox"/> Severe pain	<input type="checkbox"/> Financial problems
<input type="checkbox"/> Grieving	<input type="checkbox"/> Loss of appetite	<input type="checkbox"/> Headaches	<input type="checkbox"/> Smoke cigarettes
<input type="checkbox"/> Lack of sex drive	<input type="checkbox"/> Dramatic weight changes	<input type="checkbox"/> Sweating	<input type="checkbox"/> Alcohol use
<input type="checkbox"/> Spiritual Issues	<input type="checkbox"/> Feel tired or low energy	<input type="checkbox"/> Trouble breathing	<input type="checkbox"/> Drug use
<input type="checkbox"/> Can't make friends	<input type="checkbox"/> Lack of motivation	<input type="checkbox"/> Quick mood changes	<input type="checkbox"/> Restless/Can't sit still
<input type="checkbox"/> Feel Lonely	<input type="checkbox"/> Problems at work	<input type="checkbox"/> Can't stop thinking	<input type="checkbox"/> Impulsive
<input type="checkbox"/> Withdrawn from others	<input type="checkbox"/> Problems at school	<input type="checkbox"/> Eating Disorder	<input type="checkbox"/> Other: _____

Please explain any of the above symptoms: _____

Spirituality (optional)

Spirituality/Religious Affiliation _____ Please describe your involvement: Active Somewhat Active Inactive
 What are your spiritual and/or religious beliefs? _____
 If Active or Inactive, How long? _____

Would you like this to be a part of your therapy? Yes No Unsure

Each person attending therapy needs to complete pages 2 & 3 and sign pages 4 & 5. NAME: _____

Client History (Circle YES or NO. If YES, please Explain)		
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Any major illnesses or serious medical problems?	NO	YES
Any Previous hospitalizations?	NO	YES
Does client have addictions? (Drug, alcohol, pornography, gambling, computer, etc).	NO	YES
Does client smoke? If so, how much per day?	NO	YES
Does client drink alcoholic beverages? If so, how much per day?	NO	YES
Has client had recent changes in weight or eating habits? Any history of eating disorders? (anorexia, bulimia, overeating, emotional eating)	NO	YES
Has client been in trouble with the law?	NO	YES
Has client had a history of employment changes or difficulty at work?	NO	YES
Has client had trouble with school? (truant, etc.)	NO	YES
Has client exhibited physical aggression or threats of harm toward others?	NO	YES
Has client exhibited cruelty to animals?	NO	YES
Has client shown destructive tendencies toward property? (setting fires, vandalism or destruction of property)	NO	YES
Does client have military history? (If yes, list military history and discharge type. Any field duty conducive to trauma or post traumatic stress?)	NO	YES
List all major traumas. (loss of child or loved one, robbery, feared death experiences)	NO	YES
Does client have a history of sexual, physical or emotional abuse?	NO	YES
Has client exhibited inappropriate sexual behaviors?	NO	YES
Did client experience any known developmental problems in infancy, childhood, or adolescence? (hearing, speech, walking, surgery, premature birth, learning disabilities, etc.)	NO	YES
Has client had any legal issues , past and or present?	NO	YES
Any other situation, experience or concerns which therapist should be aware?	NO	YES