



# FULLER LIFE

## Family Therapy Institute

Dear Applicant,

Thank you for considering the training program at the Fuller Life Family Therapy Institute as you seek to further your career in Marriage and Family Therapy and Counseling. The commitment to join an intensive training program like Fuller Life propels students forward in their professional development. FLFTI offers its team members a rigorous post-graduate training program and a practicum opportunity for graduate students. Our aim is to prepare therapists for clinical excellence with long-lasting career benefit and support.

Fuller Life Institute is a 501c3 nonprofit organization providing educational and charitable services to the community. We invite you to read about our [core values](#) and founding principles on our website.

Our program demands much of its participants. To get the most from training team members must be open to challenges. Each therapist is an active participant in our group practice and clinical supervision, executes business components of the practice, and possesses a desire to be the best therapist possible to ensure excellent clinical care. The mission of our training team is to provide a learning environment where developing therapists experience meaningful growth through ever-increasing personal and professional differentiation, clinical practice, personal study, clinical supervision and training.

Real-life benefits for practicum students include the following:

- opportunity to gain clinical hours for completing practicum requirements
- a clinical team approach for support and training supplementation
- experience in a private practice model within an established professional environment
- a turn-key fully HIPAA-Compliant experience
- consistent didactic training with an emphasis on pragmatic applications of therapy
- an integrated faith-based approach when appropriate within therapy/training context
- the opportunity to provide pro-bono services to the community
- ongoing clinical supervision with video feedback and group therapy
- the potential to continue in our program as a resident therapist post-graduation

We welcome your interest in the program. Please send your completed application along with your *professional resume, two references, and transcripts plus any additional items*, by mail to: **Fuller Life Family Therapy Institute, ATTN: Clinical Director, 4545 Bissonnet, Suite 289, Bellaire, TX 77401** OR send the completed application via email with items attached to [info@fullerlifefamilytherapy.org](mailto:info@fullerlifefamilytherapy.org).

**Setting up a practicum student in our program requires a significant investment in an individual. For this reason, we are interested in students needing at least 2 semesters of practicum experience.** Your application will be reviewed by our entire team. If you are selected, you will be contacted to come in for a conversation, meet our team and evaluate if we are a good fit. We look forward to hearing from you!

Sincerely, The Fuller Life Team



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## APPLICATION FOR PRACTICUM INTERNSHIP

Date of Application: \_\_\_\_\_

Applicant's Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Cell Phone: (\_\_\_\_) \_\_\_\_\_ Alternate Phone: (\_\_\_\_) \_\_\_\_\_

Email: \_\_\_\_\_

Social Security: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Date of Birth (mm/dd/yyyy) \_\_\_\_\_

Gender:  male  female Ethnicity: \_\_\_\_\_

### Educational Information

Undergraduate College/University: \_\_\_\_\_

Location: \_\_\_\_\_ Graduation Date: \_\_\_\_\_

Degree Received (BA, BS, etc.): \_\_\_\_\_

Major(s): \_\_\_\_\_

G.P.A. \_\_\_\_\_ Honors/Awards Received: \_\_\_\_\_

Graduate School: \_\_\_\_\_

Location: \_\_\_\_\_ Graduation Date: \_\_\_\_\_

Degree Received (MA, MS etc.): \_\_\_\_\_

Major(s): \_\_\_\_\_

G.P.A. \_\_\_\_\_ Honors/Awards Received: \_\_\_\_\_



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**Please list special skills:**

**Please list your professional memberships:**

**Why do you feel you would be a good fit for our organization?**

**Please explain the exact requirements of your program for practicum. How many hours of direct experience, indirect experience, supervision, etc. What support will you receive from your academic institution? What is the anticipated time frame?**

**How did you learn about Fuller Life Family Therapy?**

**Training Experience/Exposure to Marriage and Family Therapy (list workshops, classes, practicum, internships, etc.) not included on resume or transcript:**



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## Other Requirements

**Reference Information:** Provide at least two professional references along with your application regarding your clinical knowledge, skills, and potential. Please let the individuals know they may receive a call regarding the reference:

Name: \_\_\_\_\_ Email: \_\_\_\_\_  
Relationship to Reference: \_\_\_\_\_ Phone: \_\_\_\_\_  
How long have you known reference? \_\_\_\_\_

Name: \_\_\_\_\_ Email/Phone: \_\_\_\_\_  
Relationship to Reference: \_\_\_\_\_ Phone: \_\_\_\_\_  
How long have you known reference? \_\_\_\_\_

Name: \_\_\_\_\_ Email: \_\_\_\_\_  
Relationship to Reference: \_\_\_\_\_ Phone: \_\_\_\_\_  
How long have you known reference? \_\_\_\_\_

**Transcripts:** Provide unofficial transcripts from both your graduate and undergraduate programs along with your application. Transcripts can be sent to: Fuller Life Family Therapy, Attn: Clinical Director, 4545 Bissonnet, Suite 289, Bellaire, TX 77401 or scanned and attached to email. Your application will not be complete until FLFTI receives your transcripts.

**Resume:** Provide a copy of your professional resume along with this application.

**Non Discrimination Policy:** FLFTI does not discriminate in the admission of students, the provision of services or in employment based on the basis of age, culture, ethnicity, gender, physical ability, nationality, race, religion, or sexual orientation. In congruence with our Diversity Statement and Safe Environment Policy, FLFTI fosters understanding and respect for differences in our training program, clinical services, and employment practices. We actively recruit students, faculty, and board members who will add to the diversity of our program and services provided.

**By signing this application I confirm all the items in this application are true.**

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date



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## **Additional Items Requested:**

Should you be selected to be invited to interview please know additional items will be requested:

- Therapeutic approach questionnaire (see below)
- [VIA strengths assessment](#)

## **Therapeutic Approach Questionnaire for Clinical Supervision**

What in your life has motivated you toward a career in Marriage and Family Therapy/Counseling?

What previous experience, either personal or professional, has prepared you for your work with clients in therapy?

List your top three strengths as a clinician.

List the top three areas you desire to grow clinically.



Describe the therapeutic approach you lean toward the most. What about the approach do you find compelling? What do you find challenging?

Describe the therapy course that you enjoyed the most.

In what ways do you find the role of therapist energizing and in what ways do you find it draining?

What are your primary methods of personal self-care?

Please describe your current support system.

Describe some your personal mentors either personally or professionally.



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Outside of strong clinical skills and experience, what are the most important qualities you looking for in a clinical supervisor?

What have you found most helpful in clinically supervisory experiences to date? (Or do you hope to find helpful).

What are your ambitions and dreams professionally?

If you are comfortable, please share about your spiritual beliefs and how you see this component playing into your therapy style.

Please complete the free VIA character strengths assessment online and paste the results to this form. Please include the complete results not just the top 5.

<http://www.viacharacter.org/www/Character-Strengths/Personality-Assessment>



### **Clinical Practicum Internship Details**

Clinical Practicum Student Therapists will provide the following services:

#### **1) THERAPY:**

- Provide marriage and family therapy and counseling to clients at the Fuller Life group practice office on sliding scale fee structure. The number of hours will vary based on availability of clients and required number of hours for practicum. This is determined at the outset of the internship.
- Manage practical aspects of counseling such as scheduling, answering phone calls, working with referrals and managing fees.
- Maintain all appropriate paperwork both clinically and administratively.
- Uphold the highest professional and ethical standard of care and personal lifestyle reflecting the core values of Fuller Life.

#### **2) TRAINING:**

- Participate in weekly group supervision to ensure quality care to clients.
- Present one current case each week in individual supervision and one case monthly in group supervision with dialogue, video and case writeup.
- Participate in didactic hour each week covering relevant clinical topics. This may involve some additional study or reading, reflection or assignment related to the topic.
- Devote personal time to professional and personal development through continual education, reading, etc.
- Complete all required orientation tasks and training for the administrative systems used by our team.

#### **3) TEAM TASKS:**

- Participate in monthly team meetings to address business related concerns, ensure quality care for clients and effectively manage team tasks.
- Join in various activities related to enhancing team relationships, skill development, networking, or business management whenever possible...i.e....group valuations twice annually, an annual retreat, frequent training or networking opportunities together.
- Assist in administrative tasks: straighten office, answer phone, update clinical intake log, and maintain confidential procedures consistent with HIPAA.

#### **Fuller Life will provide the following to the Practicum Student:**

1. Weekly group and individual supervision with case processing within a collaborative approach. We will maintain at least a 50% ratio of individual and group supervision.
2. Didactic clinical training from current and classic leaders in the field of therapy with opportunities to process material as a group.
3. Opportunity to learn marketing skills with support of team and experienced clinicians.
4. Clients streamed from website and local referrals from the team's investment in pooled marketing. Fuller Life cannot guarantee direct clinical hours for practicum students.
5. Class A office space for practice provided by the team's investment in pooled resources.





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6. A turn-key fully HIPAA compliant group practice with existing policies and procedures to ensure the quality of training experience and excellence in clinical treatment.
7. Collaborative approach to training and practice. Therapists are encouraged to be active participants with ownership in the growth, development and management of the organization.
8. Resources for client growth within various topics from our scoop it pages and extensive catalog of handouts.

### **Compensation**

The practicum experience is unpaid. Session fees for practicum student therapists are reduced compared to our resident therapists (LMFT Associates or LPC Interns). The sliding scale ranges from \$15-\$95 per session based on the client's annual household income and the number of people living in the home. Therapists set the fee with clients directly during the phone intake.

### **Requirements:**

1. Purchase and maintain liability insurance OR provide documentation that malpractice is covered by your academic institution
2. Collaborate with the academic institution to ensure requirements are met and documented.
3. Personal membership in at least one professional association
4. Keep a log of all activities, including direct and indirect hours
5. Uphold ethical guidelines and licensure laws
6. Read and adhere to the Fuller Life Handbook Policies and Procedures.

### **Clinical Supervision:**

Residents are supervised by Amy Fuller PhD, LMFT-S, LPC-S. Dr. Fuller serves as the volunteer Clinical Director of Fuller Life Family Therapy Institute. Potential therapists will be provided with Dr. Fuller's Philosophy of Supervision upon request. Dr. Fuller is an AAMFT Approved Supervisor. For questions please contact Dr. Fuller at (832) 848-0870 or by email [amy@amyfullerphd.com](mailto:amy@amyfullerphd.com).

### **Application:**

Persons interested in a clinical practicum internship are asked to submit the completed application along with their professional resume, two references, and transcripts plus any additional items, by mail to:

Fuller Life Family Therapy Institute  
ATTN: Clinical Director  
4545 Bissonnet, Suite 289  
Bellaire, TX 77401  
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