



FULLER LIFE

Family Therapy Institute

Dear Applicant,

Thank you for considering the training program at the Fuller Life Family Therapy Institute as you seek to further your career in Marriage and Family Therapy and Counseling. The commitment to join an intensive training program like Fuller Life propels students forward in their professional development. FLFTI offers its team members rigorous post-graduate training. Our aim is to prepare graduates for clinical excellence with long-lasting career benefit and support.

Fuller Life Institute is a 501c3 nonprofit organization providing educational and charitable services to the community. We invite you to read about our [core values](#) and founding principles on our website. Please see the detailed job description following the application.

The fellowship program demands much of its participants. To get the most from training residents must be open to challenges. Each team member is an active participant in our group practice and clinical supervision, executes business components of the practice, and possesses a desire to be the best therapist possible to ensure excellent clinical care. The mission of our training team is to provide a learning environment where developing therapists experience meaningful growth through ever-increasing personal and professional differentiation, clinical practice, personal study, clinical supervision and training.

Real-life benefits for graduates of the program include the following:

- Potential licensure as a Marriage and Family Therapist (LMFT) and/or a Licensed Professional Counselor (LPC)
- sliding-scale pay scale for clients with split-fee reimbursement as resident salary
- a clinical team approach for support and training supplementation
- an established professional environment for gaining clinical hours
- a turn-key fully HIPAA-Compliant group practice experience
- consistent didactic training with an emphasis on pragmatic applications of therapy
- translational hands-on business and marketing skills training
- an integrated faith-based approach when appropriate within therapy/training context
- the opportunity to provide pro-bono services to the community in exchange for clinical supervision

We welcome your interest in the program. Please send your completed application along with your *professional resume, two letters of reference, and transcripts plus any additional items*, by mail to: **Fuller Life Family Therapy Institute, ATTN: Clinical Director, 4545 Bissonnet, Suite 289, Bellaire, TX 77401** OR send the completed application via email with items attached to info@fullerlifefamilytherapy.org.

Your application will be reviewed by our entire team. If you are selected for an interview, you will be contacted to come in to meet our team and evaluate if we are a good fit. We look forward to hearing from you!

Sincerely,
The Fuller Life Team



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APPLICATION FOR POST-GRADUATE CLINICAL FELLOWSHIP

Date of Application: _____

Applicant's Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Cell Phone: (____) _____ Alternate Phone: (____) Email: _____

Social Security: _____ - _____ - _____ Date of Birth (mm/dd/yyyy) _____

Gender: male female Ethnicity: _____

Educational Information

Undergraduate College/University: _____

Location: _____ Graduation Date: _____

Degree Received (BA, BS, etc.): _____

Major(s): _____

G.P.A. _____ Honors/Awards Received: _____

Graduate School: _____

Location: _____ Graduation Date: _____

Degree Received (MA, MS etc.): _____

Major(s): _____

G.P.A. _____ Honors/Awards Received: _____



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Please list special skills:

Please list your professional memberships:

Why do you feel you would be a good fit for our organization?

Please explain the your ambition regarding licensure and career development. Please indicate your intentions regarding LPC and/or LMFT licensure and anticipated dates of graduation, licensure, etc.

How did you learn about Fuller Life Family Therapy?

Training Experience/Exposure to Marriage and Family Therapy (list workshops, classes, practicum, internships, etc.) not included on resume or transcript:



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Other Requirements

Reference Information: Provide at least two professional references along with your application regarding your clinical knowledge, skills, and potential. Please let the individuals know they may receive a call regarding the reference or send a letter:

Name: _____ Email: _____
Relationship to Reference: _____ Phone: _____
How long have you known reference? _____

Name: _____ Email/Phone: _____
Relationship to Reference: _____ Phone: _____
How long have you known reference? _____

Name: _____ Email: _____
Relationship to Reference: _____ Phone: _____
How long have you known reference? _____

Transcripts: Provide unofficial transcripts from both your graduate and undergraduate programs along with your application. Transcripts can be sent to: Fuller Life Family Therapy, Attn: Clinical Director, 4545 Bissonnet, Suite 289, Bellaire, TX 77401 or scanned and attached to email. Your application will not be complete until FLFTI receives your transcripts.

Resume: Provide a copy of your professional resume along with this application.

Non Discrimination Policy: FLFTI does not discriminate in the admission of students, the provision of services or in employment based on the basis of age, culture, ethnicity, gender, physical ability, nationality, race, religion, or sexual orientation. In congruence with our Diversity Statement and Safe Environment Policy, FLFTI fosters understanding and respect for differences in our training program, clinical services, and employment practices. We actively recruit students, faculty, and board members who will add to the diversity of our program and services provided.

By signing this application I confirm all the items in this application are true.

Signature

Date



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Additional Items Requested:

Should you be selected to be invited to interview please know additional items may be requested:

- Therapeutic approach questionnaire (see below)
- [VIA strengths assessment](#)

Therapeutic Approach Questionnaire for Clinical Supervision

What in your life has motivated you toward a career in Marriage and Family Therapy/Counseling?

What previous experience, either personal or professional, has prepared you for your work with clients in therapy?

List your top three strengths as a clinician.

List the top three areas you desire to grow clinically.



Describe the therapeutic approach you lean toward the most. What about the approach do you find compelling? What do you find challenging?

Describe the therapy course that you enjoyed the most.

In what ways do you find the role of therapist energizing and in what ways do you find it draining?

What are your primary methods of personal self-care?

Please describe your current support system.

Describe some your personal mentors either personally or professionally.



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Outside of strong clinical skills and experience, what are the most important qualities you looking for in a clinical supervisor?

What have you found most helpful in clinically supervisory experiences to date? (Or do you hope to find helpful).

What are your ambitions and dreams professionally?

If you are comfortable, please share about your spiritual beliefs and how you see this component playing into your therapy style.

Please complete the free VIA character strengths assessment online and paste the results to this form. Please include the complete results not just the top 5.

<http://www.viacharacter.org/www/Character-Strengths/Personality-Assessment>



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Resident Therapist Job Description

Resident Therapist will provide the following services (30 hours/week):

1) THERAPY:

- Provide marriage and family therapy and counseling to clients at the Fuller Life group practice office on sliding scale fee structure. The goal is to schedule 20 sessions each week and complete 17 hours. Manage practical aspects of counseling such as scheduling, answering phone calls, working with referrals and managing fees.
- Offer 3 hours of direct therapy hours per week at community setting offsite pro-bono in exchange for clinical supervision (OPTIONAL).
- Maintain all appropriate paperwork both clinically and administratively. (5 hours per week).
- Uphold the highest professional and ethical standard of care and personal lifestyle reflecting the core values of Fuller Life.

2) TRAINING:

- Participate in weekly group supervision to ensure quality care to clients. Present one current case each week in individual supervision and one case monthly in group supervision. (2 hours week).
- Over the course of residency complete at least 4 live supervision and 8 audio/video feedback supervision hours.
- Participate in didactics covering relevant clinical topics (4 hours month/1 per week).
- Devote personal time to professional development through continual education, reading, etc. Complete the Fuller Life Reading List over the course of residency.
- Research one topic per month and write a professional article/blog post with resources.
- Choose 4-6 areas of specialization over the course of residency and make presentations during didactics to the group.

3) TEAM TASKS:

- Participate in marketing to further extend the reach of Fuller Life. Resident therapists write one blog monthly and make one face-to-face networking contact with community resources each month (2 hours per week).
- Participate in monthly team meetings to address business related concerns.
- Manage one component of the groups marketing efforts (6 month rotation through marketing, scoop it, newsletter, adwords).
- Assist in administrative tasks: straighten office, answer phone, update clinical intake log, and maintain confidential procedures consistent with HIPAA.

Weekly Summary of hours:

20 hours providing therapy (3 at off-site), 5 hours clinical/administrative paperwork/phone calls, 2 hours supervision, 1 hour week blog, 1 hour week networking, 1 hour week didactics. Therapy hours not spent seeing clients are devoted to professional development or networking to increase referral base.



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Fuller Life will provide the following to the Resident:

1. Weekly group and individual supervision with case processing within a collaborative approach (in exchange for pro-bono services offered at an off-site location). We will maintain a 50% ratio of Individual and group supervision.
2. Didactic clinical training from current and classic leaders in the field of therapy with opportunities to process material as a group.
3. Opportunity to learn extensive marketing skills with support of team and experienced clinicians.
4. Clients streamed from website and local referrals from the team's investment in pooled marketing.
5. Class A office space for practice provided by the team's investment in pooled resources.
6. A turn-key fully HIPAA compliant group practice with existing policies and procedures to ensure the quality of training experience and excellence in clinical treatment.
7. Collaborative approach to training and practice. Resident therapists are encouraged to be active participants with ownership in the growth, development and management of the organization.
8. Resources for client growth within various topics from our scoop it pages and extensive catalog of handouts.

Compensation

Clinical Resident Therapists are independent contractors with Fuller Life and 60% of all earnings from the previous month are released to the resident therapist. Fuller Life operating and overhead expenses are covered with the remaining 40%. Therapists submit the therapy-training log containing a summary of monthly hours prior to being paid.

Fees for therapy services by resident therapists are set according to the group's sliding scale. The sliding scale ranges from \$35-\$95 per session based on the annual household income and the number of people living in the home. Residents set the fee with clients directly during the phone intake. Residents are paid 60% of the fee paid for services offered and 40% of fees support the operations and overhead of Fuller Life.

Resident compensation can vary from month to month and is highly dependent on residents marketing efforts, time-management and availability. If a resident completes 15 hours of therapy per week with an average pay of \$50 per session, monthly stipend would be \$1800 with annual stipend at \$21,600. Completing 20 hours of therapy a week with an average pay of \$50 per session would result in monthly stipend of \$2400 and annual stipend of \$28,800. The time and energy put into personal marketing can dramatically impact the resident's personal take home pay. However, the real compensation lies in the completion of clinical hours resulting in full licensure. Fifteen direct client hours a week ensures completion of required hours in 2 years.

Non-Financial Compensation:

Supervision at Fuller Life Family Therapy is provided in exchange for 3 hours of pro-bono therapy per week at an off-site location for client populations not able to meet the bottom of the sliding scale. Resident therapists receive 4 hours of group supervision and 4 hours of individual supervision monthly at no charge.



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Fuller Life will often cover fees for specialized training of residents desiring to work toward certification in a particular mode of therapy. The board will appropriate funds for resident training/certification, as funds are available.

Requirements:

1. Purchase and maintain liability insurance
2. Maintain professional licensure
3. Personal membership in at least one professional association
4. Keep a log of all activities, including direct and indirect hours
5. Uphold ethical guidelines and licensure laws
6. Read and adhere to the Fuller Life Handbook Policies and Procedures.
7. Assist in setting up off-site location for pro-bono community hours.

Structure of Residency:

Residents are categorized as Associate Resident Therapist (year 1) and Senior Resident Therapist (year 2). The structure is not based on actual time in the program but with the number of clinical hours achieved toward clinical licensure and meeting specific training requirements. When LPC Intern has reached 750 direct and 750 indirect hours they will advance to Senior. LMFT Associate therapists advance when they have 750 direct (375 relational) and 750 administrative hours. Senior therapists have seniority when setting the block schedule and choice of therapy rooms. Senior therapists will have completed half of the live and audio/video supervision requirements as well as presented at least 2 specialization presentations during didactics. Senior Residents may increase the bottom of the sliding scale to \$45 a session.

Clinical Supervision:

Residents are supervised by Amy Fuller PhD, LMFT-S, LPC-S. Dr. Fuller serves as the volunteer Clinical Director of Fuller Life Family Therapy Institute. Potential resident therapists will be provided with Dr. Fuller's Philosophy of Supervision upon request. Dr. Fuller is an AAMFT Approved Supervisor. For questions please contact Dr. Fuller at (832) 848-0870 or by email amy@amyfullerphd.com.

Application:

Persons interested in a clinical residency position are asked to submit the completed application along with a cover letter, professional resume, two letters of reference, and transcripts plus any additional items, by mail to:

Fuller Life Family Therapy Institute
ATTN: Clinical Director
4545 Bissonnet, Suite 289
Bellaire, TX 77401
OR

send the completed application via email with the items attached to
info@fullerlifefamilytherapy.org.